

## 8. Personal Counselling

The institute has adopted Mentor-Mentee procedure for personal counselling of the students. For every 10 - 15 students, one faculty member has been appointed as mentor.

### Contact Person:

1. Dr. Niraj Bala, Associate Professor, ME Department.

E-mail: [niraj.bala@bbsbec.ac.in](mailto:niraj.bala@bbsbec.ac.in)

Contact no.: 9855828558

2. All Head of Departments

### 8 (i) Mentor - Mentee System

The developmental needs of every student for his academic and future professional career are facilitated through a three tier mentoring program. Every student is assigned a faculty mentor, and a senior student mentor who act as a friend, philosopher and guide and help in his/her development. The parent is also a mentor, and thus all three tiers jointly collaborate towards the development of the student through a process of experiential guidance and learning.

#### Roles

Mentors acts as guides by sharing their experiences of challenges and assertions required to progress through personal and professional life. They give counseling to reduce anxiety or concerns and act as role models for students. They fulfill their function through formal and informal interaction with their student mentees at various opportunities.

#### Mentee

The mentee has a desire to progress and excel; and learn from the experience of his/her mentor. Full benefit of mentor mentee relationship is achieved only when both of them work together to a common goal. The mentee (student) must:-

(a) Have a strong commitment to attain capability

(b) Be open and receptive to new ways of learning

- (c) Readily accept the feedback and act upon it.
- (d) Be willing to apply learning into practical situations
- (e) Have a focus on achieving the desired business/ professional/ personal results
- (f) Be ready to ask for help.
- (g) Have a strong sense of personal responsibility and commitment.
- (h) Reach out to meet the mentor and not wait for a formal schedule

### **Road Map**

The mentoring process develops in five phases i.e.

1. **Establish** - During the first few meetings, both the mentor and mentee get to know each other, and build trust.
2. **Elucidate** - Mentoring program spreads awareness and understanding on various issues Academic and Institutional.
3. **Expand** - The mutual trust, which has developed between the two, can give the mentee the confidence to challenge the ideas of the mentor, just as the mentor will challenge the protégés ideas.
4. **Engage** - This phase embarks the start of a personal action plan of the protégé to attain his/her goal. The mentor here is like a facilitator of protégés goals.
5. **Evolve** - At this stage the mentor step back from the formal relationship to discuss together with the protégé how they wish to continue their relationship.

The above phases are not exclusive or time bound. The pace of movement or progress of mentoring depends upon the strength of the relationship and the enthusiasm of the mentee. The relationship is not limited to the duration of stay with Amity and is lifelong in many cases.

### **Benefits of mentoring program.**

- (a) Helps the mentee gain a better understanding of self
- (b) Provides an insight into the present and future professional work environment
- (c) Show relevance and linkage of the professional environment to their program of studies

- (d) Assist students to be better equipped to have control over their future
- (e) Enable students to have a better evaluation of relevant careers and subjects pursued
- (f) Get greater understanding about the field or industry of their interest
- (g) Enhancement their personal and professional skills
- (h) Gain greater confidence and self-esteem
- (i) Learn about potential career options from someone who has been in their shoes
- (j) Obtain practical advice from a different perspective
- (k) Network with professionals in the students' field of interest & expose themselves to the professional environment
- (l) Learn about the operations of a specific company and industry
- (m) Share their educational and career aspirations with others and get unbiased advice
- (n) Encouragement to reach out and attain their goals
- (o) Seamless Transition from academic environment to real work life.

### Implementation

Every Head of the Department / appointed faculty member arranges appointment of faculty mentor and student mentor for each student. Formal meetings are scheduled between mentors and mentees so that learning is progressed across functions, groupings, and cultures for maximum benefit. Students aims are decided mutually between mentor and mentee and the progress towards the desired goals is tracked throughout the duration of his/her stay with amity. We are proud to say that our mentoring system is unique to Amity and has helped many of our students stand out amongst their peers. They have excelled on both their personal and professional fronts as a result of the mentoring system.

Following is the list of faculty members who are nominated as the mentors of the students:

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**BBSBEC**

Ref. No. 2013A

Date 13/7/18

For the academic year 2018-2019, the following faculty members are nominated as the mentors of the Undergraduate and Post-graduate students.

MECHANICAL ENGINEERING DEPARTMENT		
S. No.	Name of the Faculty	Designation
1.	Dr. Daordarshi Singh	Associate Prof.
2.	Dr. Sidhartha Saha	Asst. Prof. (Sel. Grade)
3.	Er. Maninder Kaur	Assistant Prof. (Sr. Scale)
4.	Dr. Sanjeev Bhandar	Assistant Prof. (Sr. Scale)
5.	Dr. Amandeep Singh	Assistant Prof. (Sr. Scale)
6.	Dr. Sanje Kumar	Assistant Prof. (Sr. Scale)
7.	Er. Harpreet Singh Aujla	Assistant Prof.
8.	Dr. Amandeep Singh	Assistant Prof.
9.	Er. Rajeev Sukheeja	Assistant Prof.
10.	Dr. Nitin Singh	Assistant Prof.
11.	Dr. Harmesh Kumar	Assistant Prof.
12.	Er. Rajneet Singh	Assistant Prof.
13.	Er. Gurpreet Singh	Assistant Prof.
14.	Er. Gagandeep Singh	Assistant Prof.
15.	Er. Ishareet Singh	Assistant Prof.
16.	Er. Arisw. Kauslik	Assistant Prof.
17.	Er. Palwinder Singh	Assistant Prof.
18.	Er. Harpreet Singh Nagi	Assistant Prof.
19.	Er. Birdewinder Singh	Assistant Prof.
20.	Er. Gagandeep Singh Kehli	Assistant Prof.
21.	Er. Avtar Singh	Assistant Prof.
22.	Er. Iakhwinder Singh	Assistant Prof.
23.	Er. Meelinder Singh Sekhon	Assistant Prof.
24.	Er. Sarpreet Singh	Assistant Prof.
25.	Er. Satinder Singh	Assistant Prof.

Chandigarh Road, Fatehgarh Sahib, Punjab - 140 407 (India)  
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COMPUTER SCIENCE AND ENGINEERING DEPARTMENT		
26.	Er. Puneet Mittal	Assistant Prof. (Sr. Scale)
27.	Er. Khayati Marwaha	Assistant Prof. (Sr. Scale)
28.	Er. Jaspreet Kaur	Assistant Prof. (Sr. Scale)
29.	Er. Amndeeep kaur	Assistant Prof. (Sr. Scale)
30.	Er. Gurleen Kaur Dhaliwal	Assistant Prof.
31.	Er. Sandeep Kaur Dhande	Assistant Prof.
32.	Er. Gurleen Sidhu	Assistant Prof.
33.	Er. Navneet Kaur	Assistant Prof.
34.	Er. Rupinder Kaur	Assistant Prof.
35.	Er. Manoreet Kaur	Assistant Prof.
36.	Er. Gurbahar Singh	Assistant Prof.
37.	Er. Preetinder Kaur Rekhi	Assistant Prof.
38.	Er. Gurpreet Kaur	Assistant Prof.
39.	Er. Rupinder Kaur	Assistant Prof.
40.	Er. Balpreet Kaur	Assistant Prof.
41.	Er. Ravdeep Kaur	Assistant Prof.
42.	Er. Ramandeep Kaur	Assistant Prof.
43.	Er. Simrajot Kaur	Assistant Prof.
44.	Er. Kamalpreet Kaur Gurra	Assistant Prof.
45.	Er. Beharjot Kaur	Assistant Prof.
46.	Er. Simrat Wala	Assistant Prof.
47.	Sh. Gurwinder Singh	Assistant Prof.
48.	Er. Parninder Kaur	Assistant Prof.
49.	Er. Ishpreet Singh Virk	Assistant Prof.
50.	Er. Harshdeep Kaur	Assistant Prof.
51.	Er. Simrat Kaur	Assistant Prof.
52.	Er. Ravneet kaur	Assistant Prof.
53.	Er. Atul kumar	Assistant Prof.
54.	Er. Sandeep Kaur sandhu	Assistant Prof.
55.	Sandeep kaur benipal	Assistant Prof.

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## APPLIED SCIENCE DEPARTMENT

56.	Mrs. Sumant Kaur	Assistant Prof. (Sr. Scale)
57.	Dr. Harpreet Kaur Uppal	Assistant Prof. (Sr. Scale)
58.	Mrs. Pardeep Kaur	Assistant Prof. (Sr. Scale)
59.	Ms. Simranpreet Kaur	Assistant Prof. (Sr. Scale)
60.	Dr. Harleen Kaur	Assistant Prof.
61.	Sh. Bikramjit Singh	Assistant Prof.
62.	Sh. Amarjit Singh	Assistant Prof.
63.	Ms. Jagmohan Kaur	Assistant Prof.
64.	Ms. Seema Kapoor	Assistant Prof.
65.	Ms. Mandeep Kaur	Assistant Prof.
66.	Ms. Rajwinder Kaur	Assistant Prof.
67.	Ms. Shalinder Kaur	Assistant Prof.
68.	Ms. Harsharan Kaur	Assistant Prof.
69.	Dr. Prabhjot Kaur(ECE)	Assistant Prof.

## ELECTRONICS & COMMUNICATION ENGINEERING DEPARTMENT

70.	Er. Jotinder pal Singh	Asst. Prof. (Sel. Grade)
71.	Er. Kiranpreet Kaur	Asst. Prof. (Sel. Grade)
72.	Er. Sonika	Assistant Prof. (Sr. Scale)
73.	Er. Navpreet Kaur	Assistant Prof. (Sr. Scale)
74.	Er. Kamaldeen Kaur	Assistant Prof. (Sr. Scale)
75.	Dr. Raju Sharma	Assistant Prof. (Sr. Scale)
76.	Er. Armit Kaur	Assistant Prof. (Sr. Scale)
77.	Er. Prabhjot Kaur	Assistant Prof.
78.	Er. Harpreet Kaur	Assistant Prof.
79.	Er. Bhalinder	Assistant Prof.
80.	Er. Daljeet Singh	Assistant Prof.
81.	Er. Karamjeet Singh	Assistant Prof.

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ELECTRICAL ENGINEERING DEPARTMENT		
82.	Er. Rajni Bala	Assistant Prof. (Sr. Scale)
83.	Er. Navneet Kaur Panag	Assistant Prof. (Sr. Scale)
84.	Er. Keera Sharma	Assistant Prof.
85.	Er. Amarjeet Kaur	Assistant Prof.
86.	Er. Divya Gupta	Assistant Prof.
87.	Er. Navdeep Kaur Brar	Assistant Prof.
88.	Er. Ravir Kaur	Assistant Prof.
89.	Er. Aminder Kaur	Assistant Prof.
90.	Er. Manpreet Singh	Assistant Prof.
91.	Er. Dilpreet Kaur Dhillon	Assistant Prof.
92.	Er. Sukhjeet Kaur	Assistant Prof.
93.	Er. Navjot Kaur	Assistant Prof.
94.	Er. Mandeep Kaur Pandher	Assistant Prof.
95.	Er. Tejpal Singh Cheema	Assistant Prof.
96.	Er. Simranpreet Singh	Assistant Prof.
97.	Er. Simranjeet Singh	Assistant Prof.
98.	Er. Tam. Puri	Assistant Prof.
CIVIL ENGINEERING DEPARTMENT		
99.	Dr. Anshu Tomar	Associate Prof. & H.O.D.
100.	Er. Ishatpreet Kaur	Assistant Prof.
101.	Er. Manpreet Kaur	Assistant Prof.
102.	Er. Rukhjinder Singh	Assistant Prof.
103.	Er. Simranpreet Singh	Assistant Prof.
104.	Er. Harkamal Kaur	Assistant Prof.
105.	Er. Taranjeet Kaur	Assistant Prof.
106.	Er. Gagandeep Singh	Assistant Prof.
107.	Er. Arshjot Singh	Assistant Prof.
108.	Er. Achist Kumar (ME)	Assistant Prof.

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Date 13/7/12

MBA		
109.	Dr. Sukwinder Kaur Dhanda	Assistant Prof.
110.	Dr. Jasleen Kaur Kathuria	Assistant Prof.
AGRICULTURE ENGINEERING DEPARTMENT		
111.	Dr. Ravi Shankar	Assistant Prof.
112.	Dr. Gurnpreet Singh	Assistant Prof.

Principal

  
Principal  
B.B.S.B. Engg. College  
Fatehgarh Sahib (Pb)



For details about mentor-mentee system, please see the link <http://bbsbec.edu.in/naac/mentor-mentee-system.pdf>.

## 8 (ii) Program on Excellence and Integrity

An auditorium session on “Excellence and Integrity” for B Tech and MBA students was conducted on 24-01-2019 as per the PEP and Mentor classes schedule. The key speakers for the event were Mr. Ankur Malhotra and Mr. Ramandeep Sidhu.

11/21/2019 BBSBEC Mail - Auditorium Session on Motivational Talk (Thursday 24/01/2019) 26

**BBSBEC** Jaspreet Singh Oberoi <hod\_tp@bbsbec.ac.in>

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**Auditorium Session on Motivational Talk (Thursday 24/01/2019)**  
2 messages

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**HOD, Training & Placement** <hod\_tp@bbsbec.ac.in> Wed, Jan 23, 2019 at 4:00 PM  
To: higher\_forum <higher\_forum@bbsbec.ac.in>, faculty@bbsbec.ac.in  
Cc: "Major General (Dr.) GS Lamba, VSM" <principal@bbsbec.ac.in>

Dear Sir

An auditorium session on "**Excellence and Integrity**" for B.Tech 1st year, 2nd year and all MBA students will be conducted on **Thursday (24/01/2019)** as per the PEP & Mentor classes schedule given below. The key speakers for the event will be Mr Ankur Malhotra and Mr Ramandeep Sidhu.

**Timings:**  
B.Tech 4th Semester - 01:35 to 02:55  
B.Tech 2nd Semester - 01:35 to 02:55  
MBA (All) - 01:35 to 02:55

You are requested to disseminate the information to concerned students and ensure their presence well in time along with their PEP faculty and mentors . All other staff members who are free during this time are also invited to attend the same.

Regards,  
Dr J S Oberoi

Head T & P | Baba Banda Singh Bahadur Engg College, Fatehgarh Sahib, Punjab  
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### **8 (iii) Girls' Counselling**

Girls students are counselled regarding medical, health and hygiene issues by women counsellors in Hostels and Girls Common Room.



## 8 (iv) Session on 7 Steps for Building a Positive attitude:

The college organized an interactive session on “7 Steps for Building a Positive attitude” on 26<sup>th</sup> July, 2019. An eminent Psychologist and Corporate Trainer, Dr Sohan Singh Chandel delivered a talk for the students on this topic. The timings for the session were 9:30 AM – 1:00 PM and 2:00 PM – 4:00 PM at Reading Room of Central Library.

11/21/2019 BBSBEC Mail - Student Orientation Program 2019 Batch Students by Dr Sohan Singh Chandel

**BBSBEC** Jaspreet Singh Oberoi <hod\_tp@bbsbec.ac.in>

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**Student Orientation Program 2019 Batch Students by Dr Sohan Singh Chandel**  
4 messages

HOD, Training & Placement <hod\_tp@bbsbec.ac.in> Thu, Jul 25, 2019 at 11:23 AM  
To: faculty@bbsbec.ac.in, nonteaching <nonteaching@bbsbec.ac.in>  
Cc: "Major General (Dr.) GS Lamba, VSM" <principal@bbsbec.ac.in>

Dear All

Greetings from T&P !!

A renowned Psychologist and Corporate Trainer Dr Sohan Singh Chandel will be delivering a session tomorrow i.e. 26th July 2019 for the newly enrolled students under Student Orientation Program. The topic for the same is "7 Steps For Building A Positive Attitude". The timings for the session will be from 9:30 AM- 1:00 PM & 2:00 PM - 4:00 PM at Reading Room of Central Library. The available faculty/staff members are also invited for the same.



Regards,

Dr J S Oberoi

Head T & P | Baba Banda Singh Bahadur Engg College, Fatehgarh Sahib, Punjab  
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**BBSBEC**



Sohan Chandel 26 July 2019.jpg  
701K

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Principal <principal@bbsbec.ac.in> Thu, Jul 25, 2019 at 12:39 PM  
To: "HOD, Training & Placement" <hod\_tp@bbsbec.ac.in>

In the afternoon session plus 2 cadets (70) would also join in.

Major General (Dr.) GS Lamba, VSM  
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