

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens:

1. Seminar on “Understanding Harmony and Professional Ethics”

A seminar was organized by Department of Management Studies, Baba Banda Singh Bahadur Engineering College, Fatehgarh Sahib on 23.11.2022. The eminent speaker Dr. Raminder Singh Uppal (Dean Industry Relation) has given seminar on the topic of “Understanding Harmony and Professional Ethics”. Around 100 students of Master of Business Administration (MBA) and Bachelor of Business Administration (BBA) attended the Seminar. Dr. Lakhvir Singh, Principal, BBSBEC Fatehgarh Sahib welcomed the Eminent Speaker, Staff members and students. He encouraged the students regarding right attitude and behavior towards the society.

Dr. Raminder Singh Uppal guided the students about the positive attitude and right behavior so as to thrive ultimate success in life. He also shed light on two parameters that are Outer space and Inner space. Inner space is full of thoughts, emotions, memories which is important in everyone’s life to manage and helps to keep our outer space healthy. We can manage Outer Space like family, health, friends, work and interest with the help of Inner Space. In the end, he concluded that we should focus on inner space and start observing nature by introspecting ourselves and have courage to confess our weakness to improve oneself.

Dr. Manpreet Kaur, (IIC, President) thanked Dr. Raminder Singh Uppal, Students and faculty members of the department for organizing such a motivational seminar and encouraged the students to focus on analyzing the inner self in order to improve our behaviour with everyone in the society. She acknowledged Dr. Uppal for his great thoughts on making them understand the harmony in life which would help them to behave ethically in their both professional and personal life.



2. NCC Day

**Baba Banda Singh Bahadur Engineering College
Fatehgarh Sahib**



National Cadet Corps (NCC Air Wing)

presents

NCC DAY 2022

Events :

1. NCC Parade (Drill Competition)
2. Patriotic Dance Competition
3. Patriotic Singing Competition
4. Poster Making Competition
5. Cultural Performances

**29 November, 2022
11:00 a.m.
Auditorium
Open for all BBSBECians
Attractive Prizes**

**Faculty Coordinator :
Dr. Gurpreet Singh (ME)**



**For registrations,
Cdt Gunjot Singh Virk
9569220756**

3. International Women Day



**DEPARTMENT OF APPLIED SCIENCE
&
DEPARTMENT OF MANAGEMENT STUDIES
celebrates**



INTERNATIONAL WOMEN'S DAY

Expert talk on:

Nutrition Awareness Programme along with
fitness drive

Followed by:

Poetry/ Quiz/ Debate/ Choreography
Competition



Tuesday,
March 7, 2023



1 PM- 4PM



Venue:
Giani Ditt Singh Auditorium

Registration Link:



Dr. Kamal Bajwa
Eminent Speaker



Nutrition Society of India

Chandigarh chapter



BBSB ENGINEERING COLLEGE, FATEHGARH SAHIB (PB)

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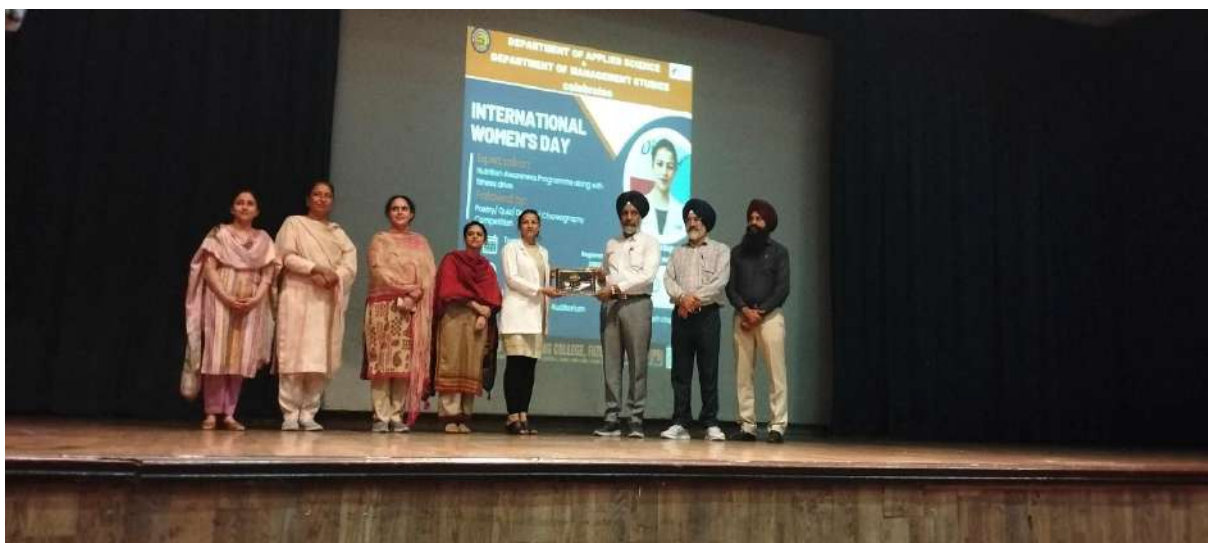
4. Expert Talk on Nutrition Awareness Program Along with Fitness Drive

The Department of Management Studies celebrated International Women's Day on 7th March, 2023 at Baba Banda Singh Bahadur Engineering College, FGS. Our Guest of owner Dt. Kamal Bajwa shared her view regarding "Nutrition Awareness Program along with fitness drive for women.

Dt. Kamal Bajwa discussed about the importance of food and nutrition for women. She guided that women should consume a proper diet with adequate nutrients which is necessary to avoid long term malnutrition that leads to diseases and lack of efficiency. A proper food pyramid should be followed and all kinds of nutrients should be consumed from different sources.

She also focused on the inevitable role that nutrition plays in the life of women between the ages of 18-25 years and later unveiled the reality behind different myths regarding cholesterol. She also explained about all kind of nutrients those are essential for the human body. She concluded the session by summarizing her entire talk in a few points.

In the end Dt Kamal Bajwa was felicitated with a memento by Dr. Lakhvir Singh ,Principal of BBSBEC & staff members. The seminar ended with a vote of thanks by Dr. Jasleen kaur (HOD MBA Deptt).



5. Expert Lecture on "How to Manage Your Mental Stress"

All students and faculty of Electronics & Communication Engineering department attended the lecture with full enthusiasm. Dr. R S Uppal was the Eminent Speaker for the day. Stress Management is an eye catching topic to be discussed nowadays. The speaker emphasis how to cope with stress in day to day life. He also talked about various strategies that can be used to reduce the mental stress. Students gained tips to manage stress and their emotions to improve their mental well being and concentration at work.



ACCREDITED WITH GRADE A NAAC

BBSBec

ECE DEPARTMENT

ORGANIZED

>>> EXPERT LECTURE

HOW TO MANAGE YOUR MENTAL STRESS

EMINENT SPEAKER: DR. R S UPPAL

 **22/03/2023**

All ECE students attended the expert lecture. The speaker emphasis on overall development of mind and body by managing stress in their lives. Moreover, participants gained tips to reduce mental illness to improves their mental well-being and concentration at work.

6. Expert Talk on “Ways to Improve Mental Health”

Around 38 students and all the faculty members of the Civil Engineering Department attended the expert talk held on 28th March 2023 with full

enthusiasm. Dr. R S Uppal was the distinguished speaker for the day. Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act as we cope with life. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood and aging. The speaker emphasizes why mental health is important and how we can improve our mental health. He also talked about various strategies that can be used to improve the mental health. Students gained tips how to improve mental health in this stressful life. At the end of the lecture Prof. Guljit Singh, “Head of the department”, thanks the speaker, faculty/staff members, and the participating students who participated in the expert talk.



7. Blood donation camp

ਵਚ ਸਿਖਾ ਸਿਧਾਤ, ਧਾਰਮਕ ਗੁਰਦੁਆਰਾ ਸਿਖ, ਡਿਪਟੀ ਇਨ ਦ ਸਬਨ ਦਾ ਅਰਭਤਾ ਹਈ। ਗਣਤਾ ਵਚ ਮਜੂਦ ਸਨ।

ਜਥੇਦਾਰ ਟੌਹੜਾ ਦੀ ਯਾਦ ਨੂੰ ਸਮਰਪਿਤ ਬਾਬਾ ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ ਇੰਜ. ਕਾਲਜ ਵਿੱਚ ਖੂਨਦਾਨ ਕੈਂਪ ਲਾਇਆ

ਫਤਹਿਗੜ ਸਾਹਿਬ, 5 ਅਪ੍ਰੈਲ (ਹਰਪ੍ਰੀਤ ਕੌਰ ਟਿਵਾਣਾ): ਬਾਬਾ ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ ਇੰਜਨੀਅਰਿੰਗ ਕਾਲਜ ਵਿੱਚ ਐਨਐਸਐਸ ਯੂਨਿਟ ਅਤੇ ਰੈੱਡ ਰਿਬਨ ਕਲੱਬ ਵੱਲੋਂ ਜਥੇਦਾਰ ਗੁਰਚਰਨ ਸਿੰਘ ਟੌਹੜਾ ਦੀ ਮਿੱਠੀ ਯਾਦ ਨੂੰ ਸਮਰਪਿਤ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਆਯੋਜਿਤ ਕੀਤਾ ਗਿਆ।

ਇਸ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਉਦਘਾਟਨ ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਜੂਨੀਅਰ ਮੀਤ ਪ੍ਰਧਾਨ ਅਤੇ ਕਾਲਜ ਦੇ ਟਰੱਸਟ ਮੈਂਬਰ ਜਥੇਦਾਰ ਅਵਤਾਰ ਸਿੰਘ ਰਿਆ ਅਤੇ ਕਾਲਜ ਟਰੱਸਟ ਮੈਂਬਰ ਅਮਰਦੀਪ ਸਿੰਘ ਧਾਰਨੀ ਵੱਲੋਂ ਕੀਤਾ ਗਿਆ। ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਲਖਵੀਰ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਹਰ ਸਾਲ ਇਹ



ਖੂਨ ਦਾਨ ਕੈਂਪ ਜਥੇਦਾਰ ਗੁਰਚਰਨ ਸਿੰਘ ਟੌਹੜਾ ਦੀ ਯਾਦ ਵਿੱਚ ਆਯੋਜਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਕੈਂਪ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਹੋਏ ਕਾਲਜ ਦੇ ਐੱਨ ਐੱਸ ਐੱਸ ਦੇ ਪ੍ਰੋਗਰਾਮ ਅਫਸਰ ਡਾ. ਬਲਰਾਜ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਇਸ ਕੈਂਪ ਵਿਚ ਕਰੀਬ 60

ਖੂਨਦਾਨੀਆਂ ਨੇ ਭਾਗ ਲਿਆ। ਕੈਂਪ ਦੌਰਾਨ ਪੀਜੀਆਈ ਚੰਡੀਗੜ੍ਹ ਤੋਂ ਆਈ ਟੀਮ ਦੇ ਮੁਖੀ ਡਾ. ਰੇਖਾ ਦਾ ਜਥੇਦਾਰ ਅਵਤਾਰ ਸਿੰਘ ਰਿਆ ਵੱਲੋਂ ਸਨਮਾਨ ਵੀ ਕੀਤਾ ਗਿਆ।

ਇਸ ਮੌਕੇ ਹੋਰਨਾਂ ਤੋਂ ਇਲਾਵਾ ਡਾ. ਲਖਵਿੰਦਰ ਸਿੰਘ, ਡਾ. ਜਸਪ੍ਰੀਤ ਸਿੰਘ ਓਬਰਾਏ, ਡਾ. ਅੰਮ੍ਰਿਤਬੀਰ ਸਿੰਘ, ਪ੍ਰੋ. ਜਸਬੀਰ ਸਿੰਘ, ਡਾ. ਕਿਰਨਪ੍ਰੀਤ ਕੌਰ, ਡਾ. ਜਤਿੰਦਰ ਸਿੰਘ ਸੈਣੀ, ਪ੍ਰੋ. ਗੁਲਜੀਤ ਸਿੰਘ ਆਦਿ ਹਾਜ਼ਰ ਸਨ। ਇਸ ਕੈਂਪ ਦੇ ਆਯੋਜਨ ਵਿੱਚ ਡਾ. ਦਿਵਿਆ ਗੁਪਤਾ, ਡਾ. ਇਸ਼ਪ੍ਰੀਤ ਸਿੰਘ, ਡਾ. ਪਰਵਿੰਦਰ ਕੌਰ, ਅਜਮੇਰ ਸਿੰਘ ਮਾਨ, ਇੰਦਰਪਾਲ ਸਿੰਘ, ਸੁਰਿੰਦਰ ਸਿੰਘ ਨੇ ਵਿਸ਼ੇਸ਼ ਭੂਮਿਕਾ ਨਿਭਾਈ।

ਪੰਜਾਬ ਟਾਇਮਜ਼
Leading Punjabi daily newspaper

ਜਥੇਦਾਰ ਗੁਰਚਰਨ ਸਿੰਘ ਟੌਹੜਾ ਦੀ ਯਾਦ ਨੂੰ ਸਮਰਪਿਤ ਇੰਜਨੀਅਰਿੰਗ ਕਾਲਜ 'ਚ ਖੂਨਦਾਨ ਕੈਂਪ ਲਗਾਇਆ



ਅਵਤਾਰ ਸਿੰਘ ਰਿਆ ਤੇ ਅਮਰਦੀਪ ਸਿੰਘ ਧਾਰਨੀ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਉਦਘਾਟਨ ਕਰਦੇ ਹੋਏ

ਪੰਜਾਬ ਟਾਇਮਜ਼ **ਖ਼ਬਰ**

ਸਰਹਿੰਦ, 6 ਅਪ੍ਰੈਲ, (ਅਮਰਬੀਰ ਸਿੰਘ ਚੀਮਾ)- ਬਾਬਾ ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ ਇੰਜਨੀਅਰਿੰਗ ਕਾਲਜ ਵਿੱਚ ਐਨਐਸਐਸ ਯੂਨਿਟ ਅਤੇ ਰੈੱਡ ਰਿਬਨ ਕਲੱਬ ਵੱਲੋਂ ਜਥੇਦਾਰ ਗੁਰਚਰਨ ਸਿੰਘ ਟੌਹੜਾ ਦੀ ਮਿੱਠੀ ਯਾਦ ਨੂੰ ਸਮਰਪਿਤ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਆਯੋਜਿਤ ਕੀਤਾ ਗਿਆ। ਇਸ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਉਦਘਾਟਨ ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ

ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਜੂਨੀਅਰ ਮੀਤ ਪ੍ਰਧਾਨ ਅਤੇ ਕਾਲਜ ਦੇ ਟਰੱਸਟ ਮੈਂਬਰ ਅਵਤਾਰ ਸਿੰਘ ਰਿਆ ਅਤੇ ਕਾਲਜ ਟਰੱਸਟ ਮੈਂਬਰ ਅਮਰਦੀਪ ਸਿੰਘ ਧਾਰਨੀ ਵੱਲੋਂ ਕੀਤਾ ਗਿਆ। ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਲਖਵੀਰ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਹਰ ਸਾਲ ਇਹ ਖੂਨ ਦਾਨ ਕੈਂਪ ਜਥੇਦਾਰ ਗੁਰਚਰਨ ਸਿੰਘ ਟੌਹੜਾ ਦੀ ਯਾਦ ਵਿੱਚ ਆਯੋਜਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਕੈਂਪ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੰਦੇ

ਹੋਏ ਕਾਲਜ ਦੇ ਐੱਨ ਐੱਸ ਐੱਸ ਦੇ ਪ੍ਰੋਗਰਾਮ ਅਫਸਰ ਡਾ. ਬਲਰਾਜ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਇਸ ਕੈਂਪ ਵਿਚ ਕਰੀਬ 60 ਖੂਨਦਾਨੀਆਂ ਨੇ ਭਾਗ ਲਿਆ। ਕੈਂਪ ਦੌਰਾਨ ਪੀਜੀਆਈ ਚੰਡੀਗੜ੍ਹ ਤੋਂ ਆਈ ਟੀਮ ਦੇ ਮੁਖੀ ਡਾ. ਰੇਖਾ ਦਾ ਜਥੇਦਾਰ ਅਵਤਾਰ ਸਿੰਘ ਰਿਆ ਵੱਲੋਂ ਸਨਮਾਨ ਵੀ ਕੀਤਾ ਗਿਆ। ਇਸ ਮੌਕੇ ਹੋਰਨਾਂ ਤੋਂ ਇਲਾਵਾ ਡਾ. ਲਖਵਿੰਦਰ ਸਿੰਘ, ਡਾ. ਜਸਪ੍ਰੀਤ ਸਿੰਘ ਓਬਰਾਏ, ਡਾ. ਅੰਮ੍ਰਿਤਬੀਰ ਸਿੰਘ, ਪ੍ਰੋ. ਜਸਬੀਰ ਸਿੰਘ, ਡਾ. ਕਿਰਨਪ੍ਰੀਤ ਕੌਰ, ਡਾ. ਜਤਿੰਦਰ ਸਿੰਘ ਸੈਣੀ, ਪ੍ਰੋ. ਗੁਲਜੀਤ ਸਿੰਘ ਆਦਿ ਹਾਜ਼ਰ ਸਨ। ਇਸ ਕੈਂਪ ਦੇ ਆਯੋਜਨ ਵਿੱਚ ਡਾ. ਦਿਵਿਆ ਗੁਪਤਾ, ਡਾ. ਇਸ਼ਪ੍ਰੀਤ ਸਿੰਘ, ਡਾ. ਪਰਵਿੰਦਰ ਕੌਰ, ਅਜਮੇਰ ਸਿੰਘ ਮਾਨ, ਇੰਦਰਪਾਲ ਸਿੰਘ, ਸੁਰਿੰਦਰ ਸਿੰਘ ਨੇ ਵਿਸ਼ੇਸ਼ ਭੂਮਿਕਾ ਨਿਭਾਈ।

8. Two Days All India Seminar on “Emerging Trends in Engineering Design & Technology”

Electronics & Communication Engineering department of Baba Banda Singh Bahadur Engineering College, Fatehgarh Sahib has organized All India Seminar on “Emerging Trends in Engineering Design and Technology” on May 2-3, 2023 in association / collaboration with Punjab & Chandigarh State Centre under the Aegis of Electronics and Telecommunication Engineering Division, IEI. The main objective of this seminar was to make the people aware of the current technological advances in Engineering design and technology. This is an initiative to engage the researchers in wider discussions, share ideas with academics and researchers from other institutes, learn from their experiences, and develop strategies as per future trends.



The Institution of Engineers (India) or IEI is the largest multidisciplinary professional body that encompasses various engineering disciplines and gives engineers a global platform to share professional interest, IEI

functions among professional engineers, academicians and research workers.

Dr. Manjeet Singh Patterh, Professor ECE, Dean Research and Dean Faculty of Engg. & Tech.at Punjabi university Patiala, was The “Chief Guest” of the Seminar.Dr. patterh Enlightened the audience and participants about the requirements and benefits of emerging technologies and its applications.

Jagdeep Singh Cheema, Trust Member, BBSB Education Trust, Fatehgarh Sahib was the “Guest of Honour”.He congratulated the ECE department and our prestigious institute to organize the seminar and thanked the members of Institute of engineers India for granting BBSBEC for the seminar. He also wished the seminar a great success.



9. Celebration of “World Telecommunication & Information Society Day”

Baba Banda Singh Bahadur Engineering College Fatehgarh Sahib celebrated “World Telecommunication & Information Society Day” jointly with IET,

Punjab and Chandigarh State Center on 17th May,2023. Institute of Engineers Chandigarh hosted the event in the premises of Engineers Bhawan, Madhya Marg, sector 19-A, Chandigarh. Around 50 students and 07 faculty members of Baba attended the event. Dr. Labh Singh, Chairman IEI welcomed the gathering. The theme of the event was empowering least developed countries through information and communication technology. The students were enlightened with valuable and knowledgeable thoughts of Mr. Sandeep Diwan, Former Chief General Manager, BSNL Chandigarh, Dr. Tulika Mehta, Director Kaizen Systems, Chandigarh and Er. Tanveer Singh. Project Manager IIT Bombay. Er. Swinder Singh, Honorary Secretary (IEI) delivered the vote of thanks and appreciated the participants. Students feel immersely benefited by gaining wealth of knowledge and expertise from field experts present there.



10. Expert talk on “Problem Solving and Idea Generation”

The Electronics & Communication Engineering Department of Baba Banda Singh Bahadur Engineering College, Fatehgarh Sahib jointly with T&P cell, BBSBEC Innovation Council and

Internal Quality Assurance Cell conducted an expert talk on “Problem Solving and Idea Generation”. The talk was held on August 18, 2023, by Dr. Avtar Singh, Chief Researcher, Adama Science and Technology University, Ethiopia. The program was conducted to encourage and motivate the faculty and students for learning new skills. The speaker discussed the concept of Idea generation and analyzing as well as development stages of ideas to be converted into practical designs. The expert talk proceeded with highlighting the relationship between problem solving and idea generation along with innovation and successful entrepreneurship. The students might be able to develop problem solving skills, entrepreneurial skills, out of the box thinking along with importance of innovation and Idea generation. By becoming more disciplined and coming out of their comfort zones students will learn to share and propagate their ideas with their intelligence and capabilities.

